

What is your favorite family tradition?



Family Day

Celebrated in late September, Family Day® encourages families to eat dinner together at least four times a week. This simple act has been shown to dramatically reduce drug and alcohol use among our youth.



Who is the best cook in the family?
What's their signature dish?

If food could talk, what do you think tonight's dinner would say to us?

Let's invent a new holiday what special dinner would we have to celebrate it?



Who is the best at solving problems or fixing things around the house?

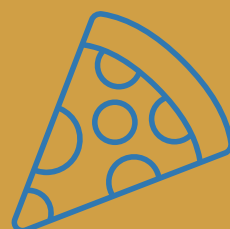


If we had a family restaurant, what would it be called and what would we serve?

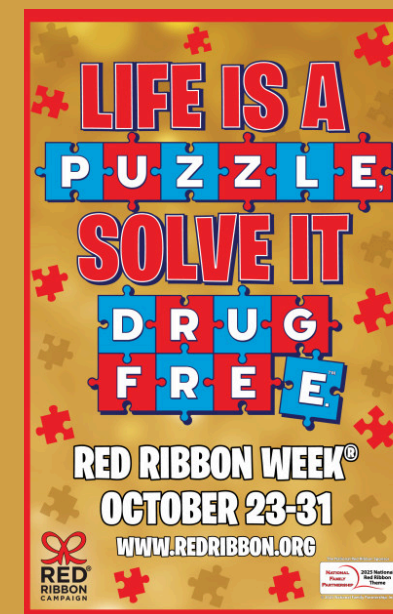
Who is the best at cleaning up after dinner?



Who's the best at trying new things or being adventurous?



Get Ready to Celebrate
Red Ribbon Week!



www.informedfamilies.org

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