



SAFE HOMES SMART PARTIES®

Safe Homes Smart Parties® is a campaign, created by Informed Families, to prevent underage drinking and drug use among pre-teens and teenagers by setting boundaries, monitoring behavior and providing tips for safe parties. **However, Elementary School is the best time** to start laying the groundwork for safe, healthy and drug free kids.

HERE ARE FIVE THINGS YOU CAN DO NOW TO HELP YOUR KIDS STAY SAFE, HEALTHY AND DRUG FREE:

- 1 **Set the ground rules.** Make sure your kids know what is acceptable and unacceptable behavior.
- 2 **Be consistent** with your rules and consequences for breaking the rules.
- 3 **Get to know the parents** of your child's friends. Set common boundaries and work together to monitor behavior.
- 4 **Talk to your kids** regularly about the dangers of alcohol and drug use. Use teachable moments in everyday life to further drive home the message.
- 5 **Lead by example.** Consider your own relationship with alcohol and/or drugs - and work to model healthy behavior.



SCAN ME

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TO TAKE THE SAFE HOMES SMART PARTIES PLEDGE.

